

Article

Long-Term Forest Paired Catchment Studies: What Do They Tell Us That Landscape-Level Monitoring Does Not?

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Abstract: Forested catchments throughout the world are known for producing high quality water for human use. In the 20th Century, experimental forest catchment studies played a key role in studying the processes contributing to high water quality. The hydrologic processes investigated on these paired catchments have provided the science base for examining water quality responses to natural disturbances such as wildfire, insect outbreaks, and extreme hydrologic events, and human-induced disturbances such as timber harvesting, site preparation, prescribed fires, fertilizer applications, pesticide usage, rainfall acidification, and mining. This paper compares and contrasts the paired catchment approach with landscape-level water resource monitoring to highlight the information on hydrologic processes provided by the paired catchment approach that is not provided by the broad-brush landscape monitoring.

Keywords: forest catchments; long-term studies; monitoring; water quantity; water quality

1. Introduction

The most sustainable and best quality freshwater sources in the world originate in forested watersheds [1–5]. The biological, chemical, and physical characteristics of forest soils are particularly well suited to delivering high quality water to streams (e.g., low in sediment content and nutrient load, and contain low amounts of bacteria and other microorganisms). They are also excellent in moderating the climatic extremes that affect stream hydrology and water quality [6]. Forest soils are usually characterized by high porosities, low bulk density, and high saturated hydraulic conductivities and infiltration rates [7]. Consequently, surface runoff is rare in forest environments, and most rainfall moves to streams by subsurface flow pathways where nutrient uptake, cycling, and contaminant sorption processes are rapid. Because of the dominance of subsurface flow processes, peak flows are moderated and baseflows with high water quality are prolonged [8,9].

In many parts of the world, municipalities ultimately rely on forested watersheds to provide adequate quantities of high quality water for continually growing demand [1]. This is particularly true in semi-arid regions where water supplies are limited, water quality is affected by high mineral content, and human populations are large or growing rapidly. Forest soils provide the perfect conditions for creating high quality water supplies [6]. Research using paired catchments provides the scientific basis for understanding disturbance effects in forests and led to development of Best Management Practices (BMPs) for sustaining water quality [10].

The early 20th century was unique in that it had the beginnings of paired catchment research in several parts of the world. The Sperbelgraben and Rappengraben experimental catchments were established in 1903 near Emmental, Switzerland [11]. This was followed by establishment of the Ota watershed study in Japan in 1908 and the Wagon Wheel Gap study in Colorado, USA, in 1910 [12,13].

Paired catchment experiments have been reviewed by a number of authors [14–22]. Most of these reviews have dealt with the topic of water yield. However, many of the paired catchment experiments initially designed for water yield research have been expanded to include water quality.

Landscape-level hydrologic monitoring is being carried out by a number of agencies throughout the world. These include the U.S. Geological Survey (USGS) in the United States, the National Institute of Water and Atmospheric Research in New Zealand, CSIRO and the Bureau of Meteorology in Australia, Environment Canada in Canada, municipal and state water authorities in Germany, Federal Service for Hydrometeorology and Environmental Monitoring in Russia, and the State Environmental Protection Agency and the Ministry of Water Resources in China, to mention a few.

This paper provides a historical perspective of the many accomplishments of water quantity and quality research over the past century, made possible by using the paired catchment methodology. It examines the paired catchment approach versus landscape level monitoring to describe what each approach provides in terms of hydrological science and what type of information is needed for watershed management in the 21st Century.

2. U.S. Geological Survey Landscape-Level Monitoring

2.1. Background

The U.S. Geological Survey (USGS) has been gathering hydrologic and climatic data for more than 100 years at some of its monitoring stations. Long-term streamflow data generated at more than 7200 sites create environmental baseline data sets that can be used to assess important parameters and significant changes [23]. For example, gathering long-term water data helps answer questions like:

- What is the height of stream rise in 100-year floods?
- How effective are stream restoration and streamside management practices?
- What are current stream levels in respect to historic highs and lows?
- What are the trends in streamflows with respect to current climate and variations?
- What are the characteristics of streamflows in different biogeographical provinces?

Disadvantages of landscape level time-trend monitoring include hydrograph time resolution, sampling frequency for chemical analysis, climate variability, stream gauge accuracy, and a mixture of land uses. This approach provides a “snapshot” of hydrological conditions but is way too coarse for teasing out hydrological processes and their causes. Climate variability between sites is a major problem particularly when convective thunderstorms are a main source of rainfall input. Some USGS gauges have proper weirs but others do not and utilize natural control sections. This is understandable for large catchments with a wide range of flows. However, this method does not produce records that are as accurate as those derived from standard weirs. The mixture of land uses and conditions common with the landscape-level gauges makes it difficult to sort out causes and effects attributable to specific uses and conditions. Chemical analyses may be limited and spaced out over different time frames, making it difficult to make inter-basin comparisons. Metadata availability is often limited by different gauge histories compared to paired catchments.

As indicated above, streamflow records can provide an important history of climatic variation over a hydrologic basin [24]. This ability is a function of the collection of water data in the absence of confounding factors such as land use change and management impacts that override climate signals. National streamflow records that are relatively free of confounding anthropogenic influences are important for studying and understanding of the variation in surface-water conditions throughout the United States. Confounding effects are difficult to avoid, especially if large basins are used for study. The smaller catchments used for paired catchment research are usually better at avoiding these effects but the method is not “foolproof” [1,3].

Providing users with the history of climatic and hydrologic variation over a catchment is a primary objective of the national hydrologic records generated by the landscape-level USGS streamflow

recording system [24]. The USGS National Water Storage and Retrieval System (WATSTORE) gauging station data are reviewed jointly with hydrology and climate data specialists in each USGS District office. The resulting assemblage of stations, each with its respective period of record, is called the Hydro-Climatic Data Network, or HCDN. The HCDN is composed of 1,659 sites throughout the country and its territories. This produces a network of 73,231 water years of daily mean discharge values for evaluating water resource conditions across the many diverse landscapes of the United States. For each station in the HCDN, the appropriate daily mean discharge values are compiled by month and year, and statistical characteristics, including monthly mean discharges and annual mean, minimum and maximum discharges, are tabulated. The stream discharge data are assessed and compared in a companion report on national water resources. This process provides an understanding of the variation in national surface-water conditions but does not evaluate the impacts of anthropogenic disturbances such as agriculture, forestry, urbanization, vegetation conversion, and wildfires.

Currently, the USGS collects streamflow and other data on variable time intervals that range from 15 min to yearly at more than 7200 sites that are gauging stations for streamflow. Most of the stations are funded and operated in cooperation with other federal agencies, such as the U.S. Army Corps of Engineers, the U.S. Forest Service, the Bureau of Land Management, the Bureau of Reclamation, and the U.S. Fish and Wildlife Service, and with state, Tribal, county, and municipal agencies. These cooperators use the USGS-derived data for making decisions such as when to withdraw water from rivers or reservoirs for agricultural and municipal use, and whether or not to permit discharge of treated wastewater into surface waters. Provisional data from most of the gauging sites are available on-line within hours of recording (<http://waterdata.usgs.gov/nwis>). The USGS water resources system provides access to its and cooperator water-resources data collected at approximately 1.5 million sites in all 50 States, the District of Columbia, Puerto Rico, the Virgin Islands, Guam, American Samoa and the Commonwealth of the Northern Mariana Islands. These sites include estuaries, lakes, streams, springs, wells, caves, wetlands, and industrial and municipal facilities.

2.2. Monitoring Scales and Settings

USGS water resource monitoring aims to investigate local problems and trends in a specific stream, county, state, or large catchment systems such as the Columbia River or the Mississippi River Basin. Uniform methods of sampling and analysis are selected to provide consistent information across and within landscapes. Monitoring is conducted at sites that are representative of national watersheds so that comprehensive comparisons and assessments can be made at larger scales. This multi-scale approach helps with determining if certain types of water yield or water quality issues are isolated, biogeographical region dependent, or wide-spread nationally. This approach allows streams, rivers, and lakes to be compared to those in other geographic and environmental settings. Therefore, the data can help answer comparative questions including the following:

- Is the water quality of a particular stream typical of streams in the Atlantic Coastal Plain?
- Are streams in the arid west experiencing reduced flows and elevated salinity?
- Are cation and anion concentrations exceeding water quality standards?
- Are stream baseflows diminishing, stabilizing, or increasing across specific hydrologic regions or nationally?

2.3. A Monitoring Protocol

Landscape-level monitoring is necessary to ensure that water resources can continue to support the many different ways water resources are used [25]. This level of large scale monitoring is also used to determine the effectiveness of protection and restoration measures. The information obtained from monitoring helps with state and national prioritizing of water quantity and quality the issues to be addressed by state and Federal programs, and for selecting the geographic areas in which to focus water research and restoration efforts. This approach helps to ensure cost-effective water resource management.

Effective landscape-level monitoring has the attributes of being regular, long-term, and inclusive of biological, physical, and chemical parameters. It should be “regular” to detect changes in water resource conditions. In many instances, changes are more important in determining water quantity and quality problems. Regular monitoring at consistent time intervals allows identification of changes in the noisy background of water parameter fluctuations. Allied to “regular”, is the monitoring characteristic of “long-term”. Collection of water resource data in the “long-term”, using consistent and comparable methodology, is necessary for identification of trends or patterns that indicate there are significant changes in water resource parameters. Water quality is constantly changing on a diurnal, seasonal, and annual basis. To separate real trends from short-term changes, consistent and systematic data are required over the long term. However, without the comparative data generated by a “paired watershed” approach, it might be difficult to determine “cause and effect” from observed water resource changes or the potential magnitude of those changes. Even then the effort might be intractable and detailed study and focused monitoring may be required to solve problems.

Water quantity (streamflow) is an important companion parameter to water quality in that the quantity of streamflow is a critical in determining water quality and interpreting water-quality trends. The potential effects of contaminant concentrations and loadings on drinking-water supplies and aquatic habitats depend largely on the amount of water flowing in streams. Higher flows usually mean that rivers and streams have the capacity to carry a greater load of chemical contaminants and sediment. High flows result in increased bedload scour and suspended sediment transport, in part because of greater overland runoff relative to baseflows. On the other hand, greater streamflows may result in a reduction of concentrations and an apparent improvement in water quality. This could include concentrations of nonpoint source pollutants, loading of pollutants, biological content, and thermal conditions. All are components of water quality but the former is usually measured the most.

Access to streamflow data at the appropriate temporal resolution allows for more accurate evaluation of water-quality data. An observed trend in water quality (for example, increasing concentrations of a chemical contaminant over a six-month period) may indicate an actual water-quality change or may be the indirect result of differences in flow volumes when the water samples were collected. Long intervals (monthly, yearly, and biennial) between water sampling aggravates the problem of separating management-related water quality changes from volume-seasonal effects.

The USGS collects samples from streams across the United States and its territories, and analyzes these samples for chemical, physical, and biological properties [25]. Data are collected for studies that range from national in scale, such as the National Water-Quality Assessment Program (NAWQA), to studies in small watersheds.

Through its landscape level monitoring program, the USGS has no regulatory responsibilities, but the agency focuses on evaluating the entire national water resource. Important uses that motivate USGS landscape-level monitoring include drinking water sources, water used for irrigation, livestock water supply, industrial water supplies, and recreation. The USGS water resources data thereby complement the data collected by the States and by EPA, which focus on monitoring for compliance with regulations, and land management agencies, such as the U.S. Forest Service, that are concerned about management activity impacts.

3. Paired Catchment Studies

3.1. Rationale and Criticism

As mentioned in the Introduction, paired catchment studies began in the early 20th Century and expanded considerably from the 1930s through the 1970s [15]. The rationale for the use of this methodology in hydrologic studies was providing solid data for predicting the effects of forest cover on water yield. Hibbert [14] reviewed 39 paired catchment studies across the world and came to the conclusion that these studies supported several generalizations:

1. Reduction of forest cover increases water yield.

2. Establishment of forests on sparsely vegetated land in low rainfall areas reduces water yield.
3. Responses to vegetation management are highly variable due to climate regime, vegetation type, geology, soils, area treated, and aspect.

Many more paired catchment studies since 1967 reinforced Hibbert's conclusions [14]. Indeed, at that time and still today, much of the knowledge about forest vegetation effects on the hydrologic cycle and man's influences came from paired catchment studies.

At about the same time a number of criticisms arose about the use of paired catchment studies in hydrological science. The main criticisms were that paired catchment experiments were too costly, unrepresentative, used leaky watersheds, had questionable application of results, and did not contribute to scientific progress on hydrological processes [26,27]. A rebuttal by Hewlett [28] titled *In Defense of Experimental Watersheds* clearly pointed out that the long-term time-trend studies proposed as an alternative to paired catchment research were weaker because there are usually no climate controls (calibration period). These studies also lacked a control catchment needed to separate vegetation cover effects from climate effects. Hewlett and his co-authors [28] believed strongly that time-trend studies are circumstantial and that paired catchment studies are strong evidence of forest vegetation effects on the water cycle. Hence, they concluded that the paired catchment methodology was scientifically sound and had a secure future in hydrological science.

3.2. Disturbance Effects

Most forest catchment water quality studies reported in the literature deal with tree harvesting and post-harvest site preparation since much of the early interest in paired catchment science related to vegetation management to increase water yield. In addition, harvesting practices were considered to produce the most disruptions to ecological processes and therefore the most influence on water quality. Other disturbances include wildfire, prescribed fire, pesticide application, recreation activities, wildland–urban development, sewage discharges, landslides, grazing, mining, and invasive species spread.

Since forest fertilization has been a basic feature of intensive forest management throughout the world, the impact of fertilizers on water quality has been an issue easily addressed by paired catchment research [29]. Paired catchments provided a sound basis for acid deposition research in the 1980s and 1990s [30], and continue to support scientific endeavors on climate change in the 21st century [31].

A number of water parameters are affected by disturbances, but only streamflow and nutrients will be discussed in the limited space available for this paper. Other papers present a much more detailed discussion of these topics [9,16,20,32,33].

3.3. Water Yield

Most paired catchment studies were established to determine the impact of forest management on water yield (Tables 1 and 2). These studies have allowed the comparison of forest harvesting in a number of forest ecosystems and across a range of precipitation regimes and evapotranspiration gradients. Measured first year increases in streamflow volumes have ranged from none (with 457 mm annual precipitation [34]) to 280% (with 1,020 mm annual precipitation [35]). In absolute amounts, the range is from 0 mm [34] to 650 mm [36]. Paired watershed studies allow this comparison of undisturbed and disturbed because of the nature and designs of the studies. These watershed studies also facilitate the comparisons and evaluations of the effects of forest types on water yield (conifer vs. deciduous). In general, there is a significant increase in streamflow with 100% forest cutting.

Increases in annual streamflow volumes in area-depths in forested catchments caused by vegetation removal or manipulation begin at around 500 mm annual precipitation and increase as precipitation input increases (Figure 1, Table 1). These data were developed from paired watershed studies in a range of forest ecosystems in North America, Europe, Asia, Africa, Australia, and New Zealand (Tables 1 and 2). Most are from the USA due to substantial investments by government agencies such as the U.S. Forest Service.

Table 1. First year streamflow responses to forest harvesting by precipitation amount, 450 to 1200 mm precipitation, forest ecosystems in Europe, North America, Australia, and Japan. Adapted from [20].

Forest type	Location	Ppt.	Mean Annual Flow	Cut	1st Year Inc.	Percent Increase	Reference
		mm	mm	%	mm	%	
Pinyon-juniper	Arizona USA	457	20	100	0	0	[34]
Spruce-fir	Alberta Canada	513	147	100	84	57	[37]
Aspen-conifer	Colorado USA	536	157	100	34	22	[38]
Eucalyptus spp.	Victoria Australia	596	86	100	20	23	[39]
Ponderosa pine	Arizona USA	570	153	100	96	63	[40]
Oak woodland	California USA	635	144	99	33	23	[41]
Pine-spruce	Sweden	732	271	100	371	119	[42]
Spruce-fir-pine	Colorado USA	770	340	40	84	25	[43]
Aspen-birch	Minnesota USA	775	107	100	45	42	[44]
Spruce-fir	Alberta Canada	840	310	100	79	25	[45]
Slash pine	Florida USA	1020	48	74	134	280	[35]
Hardwood	Japan	1153	293	100	209	18	[46]

Table 2. First year streamflow responses to forest harvesting by precipitation amount, 1200 to 2600 mm precipitation forest ecosystems in North America, Africa, Australia, and New Zealand. Adapted from [20].

Forest type	Location	Ppt.	Mean Annual Flow	Cut	1st Year Inc.	Percent Increase	Reference
		mm	mm	%	mm	%	
Coastal redwoods	California	1200	67	100	34	51	[47]
Mixed Hardwoods	Georgia USA	1219	467	100	254	54	[48]
Northern hardwoods	New Hampshire	1230	710	100	343	48	[49]
Loblolly pine	Arkansas	1317	214	100	101	47	[50]
Dry Eucalyptus	Victoria Australia	1520	330	95	350	106	[51]
Mixed hardwoods	North Carolina	1900	880	100	362	41	[52]
Montane forest	Kenya Africa	2014	568	100	457	80	[53]
Cascade Douglas-fir	Oregon USA	2388	1376	100	462	34	[54]
Coastal Douglas-fir	Oregon USA	2483	1885	82	370	20	[55,56]
Beech and podocarps	New Zealand	2600	1500	100	650	43	[36]

The largest and most consistent increases in streamflow with vegetation removal occur between 2000 and 2750 mm (Figure 1, Table 2). Although landscape-level gauging has been conducted in virtually every region and country around the world, the best data in terms of quality and length of record come from forest paired watershed studies [15]. Projects that incorporated controlled, human interventions such as logging have been able to develop the best understanding of hydrologic processes [17]. Landscape-level monitoring that minimized or avoided disturbances would not have achieved the same of understanding [21].

A considerable amount of research has been conducted in the past on the hydrologic effects of forest disturbances, primarily harvesting, on over 105+ individual paired catchments. The results have been summarized in a number of syntheses [15–17,20,57,58]. These studies have been very expensive to install, maintain, and monitor. Their existence is a tribute to the substantial dedication to their continuity by hydrologic scientists. The earliest catchment experiments were installed in Switzerland, Japan, and the United States in the first ten years of the twentieth century when the continuity of water supplies was a big issue. Some have been in existence since the 1930s. Scientists and watershed managers have studied harvesting intensities, configurations, and timing with a view to optimizing water yield and quality. With a 100% clearcut harvest, first-year water yield increases reported in the literature generally range from 0% to 280% over a range of forest vegetation from juniper (dry) to tropical (wet) (Table 1). The absolute amount of water yield is strongly related to a number of factors

at the time of harvesting such as the annual rainfall, vegetation type, ET regime, aspect and slope, leaf area reduction, geology, soil type, soil moisture, and soil depth [6,17,59]. Although the water yields increase the first year after harvesting and increase with total precipitation, the percentage increase is poorly correlated to precipitation amount (Figure 1). Although tropical forests have higher rainfall, increases after harvesting are reduced by high year-round ET. Indeed, the greatest variation occurs at 100% harvest because other factors in the hydrologic equation override transpiration reduction. Vegetation type is strongly correlated to streamflow increases after forest harvesting [60]. Broadleaved forests have the highest mean increase in water quantity after harvesting (237 mm) compared to coniferous forests (161 mm) or mixed conifer-broadleaved forests (170 mm) [58].

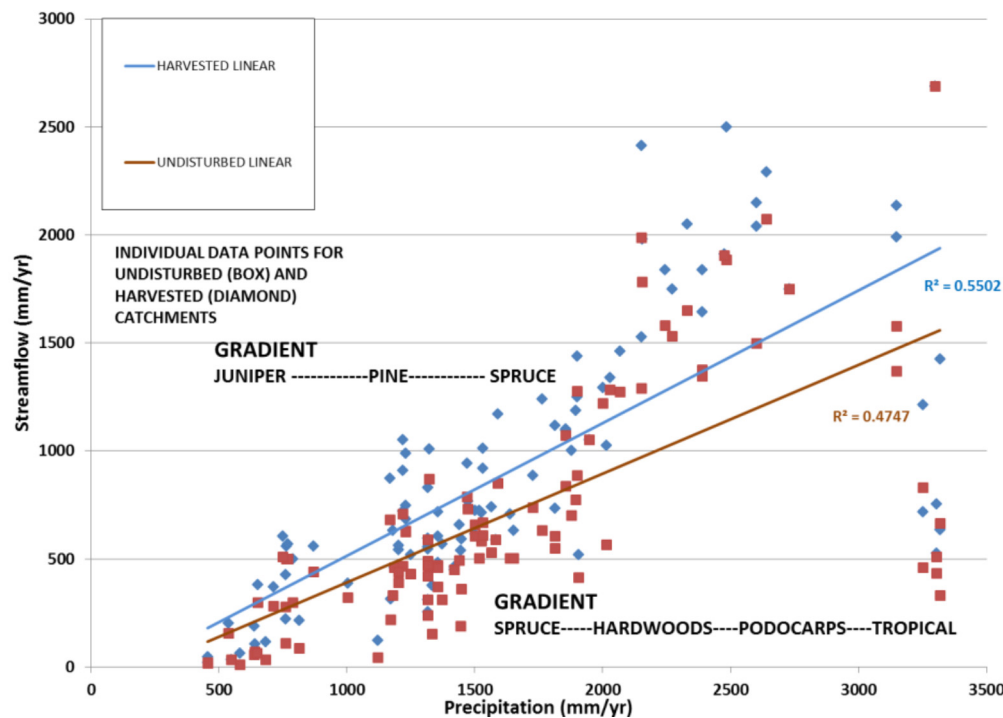


Figure 1. Streamflow increases produced by harvesting paired catchment studies. Adapted from [15–17,20,57,58].

Harvesting of forests has been used to augment municipal water supplies because of the resulting increases in water yield [15]. The duration of the response depends on a number of factors. Generally, the increase in total water yield after harvesting is considered to be a benefit, and not of sufficient magnitude to produce adverse hydrologic or ecosystem effects (e.g., flooding). However, vigorously growing young forest stands provide an opposite response. They can cause subsequent water yield declines after initial increases due to rapid resprouting. Short-rotation *Eucalyptus* spp. plantations in Australia and South Africa are good examples [61,62]. *E. regnans* and *E. delegatensis* are the main culprits but not all *Eucalyptus* species produce the same effect.

3.4. Water Quality

Although the initial focus of early catchment research was water yield, the adoption of the paired catchment approach set the stage for examining physical, chemical, and biological processes that controlled nutrient cycling and other water quality related functions of forest catchments [63]. The untreated half of catchment study pairs provides the opportunity to study natural processes that controlled water quality. However, the disturbances to these processes produced by practices such as harvesting, site preparation, road construction, fire, fertilization, herbicide use and insect outbreaks provide the real insight into natural catchment processes that affect water quality.

Nutrients such as nitrate nitrogen ($\text{NO}_3\text{-N}$) in streamflow from forested watersheds have been an issue for 50 years or more because of the release of $\text{NO}_3\text{-N}$ after harvesting or other disturbances and the low water quality standard. Water quality is a justified concern of watershed management since many municipalities depend on high quality water coming from forested and other non-urbanized lands for their water supplies.

However, there have been many misperceptions about the impacts of forest management practices on water quality. Paired catchments provide the ideal locations for examining the real management effects on the important water quality parameters such as $\text{NO}_3\text{-N}$. Of the 30 paired watershed studies listed in Tables 3 and 4 that examined $\text{NO}_3\text{-N}$ concentrations after partial or complete clearcutting, only one showed an alarming increase (0.3 to $11.9 \text{ mg}\cdot\text{L}^{-1}$) that exceeded the international water quality standard ($10 \text{ mg}\cdot\text{L}^{-1}$) [59].

Table 3. Paired catchment comparison of the effects of forest harvesting on mean $\text{NO}_3\text{-N}$ concentrations in streamflow in North America the year after cutting. Adapted from [20,57,64].

Forest Type	Location	NO ₃ -N		Reference
		Uncut	Cut	
mg·L ⁻¹				
Lodgepole Pine	Alberta, Canada	0.2	0.7	[65]
Spruce, Fir	British Columbia, Canada	0.1	0.2	[66]
Spruce, Fir	British Columbia, Canada	<0.1	0.5	[67]
Northern Hardwoods	New Brunswick, Canada	0.1	0.6	[68]
Spruce, Fir, Pine, Birch	Quebec, Canada	<0.1	<0.1	[69]
Spruce, Fir, Pine	Nova Scotia, Canada	<0.1	0.3	[70]
Mixed Conifer	Montana, USA	0.1	0.2	[71]
Spruce, Fir	Colorado, USA	<0.1	<0.1	[72]
Mixed Conifer	Idaho, USA	0.2	0.2	[73]
Douglas-fir	Oregon, USA	<0.1	0.2	[74]
Mixed Conifers	Oregon, USA	<0.1	0.2	[74]
Loblolly Pine	Georgia, USA	0.1	0.1	[48]
Loblolly Pine	South Carolina, USA	<0.1	<0.1	[75]
Mixed Hardwoods	North Carolina, USA	<0.1	0.1	[76]
Aspen, Birch, Spruce	Minnesota, USA	0.1	0.2	[44]
Mixed Hardwoods	West Virginia, USA	0.1	0.5	[77]
Northern Hardwoods	New Hampshire, USA	0.3	11.9	[59]

Table 4. Paired catchment comparison of the effects of forest harvesting on mean $\text{NO}_3\text{-N}$ concentrations in streamflow in Europe, Africa, Asia, and the South Pacific the year after cutting. Adapted from [20,64].

Forest Type	Location	NO ₃ -N		Reference
		Uncut	Cut	
		mg·L ⁻¹	mg·L ⁻¹	
Native Beech-Podocarp	Chile	<0.1	<0.1	[78]
Spruce, Fir, Peat	Finland	<0.1	0.1	[79]
Spruce, Fir, Beech	Germany	0.7	1.0	[80]
Native Hardwoods [#]	Japan	0.7	1.6	[81]
Radiata Pine	New Zealand	<0.1	0.5	[82]
Beech-Podocarp	New Zealand	<0.1	<0.1	[61]
Radiata Pine	New Zealand	<0.1	0.2	[83]
Evergreen Forest/Scrub	South Africa	<0.1	0.1	[61]
Pine, Spruce, Hardwood	Sweden	0.1	0.2	[84]
Spruce, Moor	United Kingdom	0.2	0.3	[85]
Eucalyptus spp.	Victoria, Australia	<0.1	<0.1	[86]

[#] 4 years after cutting

Pierce et al. [59] raised concerns about water quality and forestry practices 45 years ago but was shown to be an anomaly [87]. All of the studies listed in Tables 3 and 4 post-dated the Pierce et al. [59] Hubbard Brook study and came to the same conclusion that there would be increases in $\text{NO}_3\text{-N}$ but they would be minor and not anywhere close to the 10 mg L^{-1} standard that the Hubbard Brook study violated. The side-by-side comparison of disturbed watersheds with undisturbed controls highlighted an analysis in 1977 that this case is an outlier in the literature and not the general ecosystem trend [87]. Hubbard Brook was unique in that vegetation regrowth was prevented by herbicides. Lacking plants to take up nitrogen liberated by harvesting an old-growth forest, $\text{NO}_3\text{-N}$ concentrations in streamflow soared. Paired watershed studies like those listed in Tables 3 and 4 have been able to improve understanding of nutrient cycling and the changes in water quality which occur after harvesting. Landscape-level monitoring may have picked up the rise in $\text{NO}_3\text{-N}$, but then been unable to clearly demonstrate the source of the extra nitrogen.

4. Method Comparisons

A comparison of the characteristics of landscape-level monitoring and paired catchment water studies is presented in Table 5. This highlights the question raised by the title of this paper, “Long-term forest paired catchment studies: What do they tell us that landscape-level monitoring does not?”

Table 5. Comparison of characteristics of landscape-level monitoring and paired watershed research.

Watershed Characteristic	Landscape-Level Monitoring	Paired Watershed Approach
Short-term Studies	Yes	Yes
Long-term Studies	Yes	Yes
Large Scale Basins	Yes	Usually Not
Small Scale Basins	Some	Yes
Research Primary Objective	No	Yes
Water Yield Studies	Yes, but Limited	Yes
Water Quality Studies	Yes, but Limited	Yes
Process Research Capable	Usually Not	Yes
Individual Watershed Expense	Moderate	Moderate to High
Program Operating Expense	High	Moderate to Low
National Assessment Capable	Yes	Limited
Program Commitment	National	Regional to Local
Trend Detection	Moderate	High to Very High
Focus on Disturbance Effects	No	Yes
Disturbance Assessment	Moderate	High to Very High
Disturbance Comparisons	No	Yes
Cooperators Used	Yes	Yes
Web-Available Information	Yes	Yes

In their Preface to the 2012 publication “Revisiting Experimental Catchment Studies in Forest Hydrology”, the editors clearly point out that much of what is known about the hydrological role of forests has derived from paired catchment experiments [88]. Paired catchment studies are designed for research into hydrologic processes whereas landscape-level monitoring is not (Table 5). They also focus on management related disturbances (e.g., harvesting, site preparation, fertilization, herbicide application, road construction and use, prescribed fire etc.) while landscape-level monitoring seeks to gather hydrologic information in the absence of most anthropogenic disturbances. Paired catchment studies are able to do this efficiently, while landscape-level monitoring does not. Most paired catchment studies involve process research that is aimed at understanding the hydrologic and ecological processes that control water flow and nutrient cycling [89]. Because of their design as before-after-control-impact experiments (BACI), paired catchment studies are more accurate in elucidating the water yield and quality impacts of forest disturbances. Landscape-level monitoring is more focused on broad scale trends. However, paired catchment studies are better suited to detecting trends amidst the “noise” that

is common with water studies. Disturbance comparisons can be made with paired catchments studies, but rarely so with landscape-level monitoring due to confounding factors with the latter methodology.

5. Summary and Conclusions

This paper compared two different approaches to collect information on water resources in the United States, although other countries have similar approaches. The USGS uses a landscape monitoring approach to acquire data on water resources from over 7200 gauging stations to report on the status and trends of water resources in the country. It also utilizes data from cooperators to assemble information on 1.5 million sites in the USA. The other approach is the paired catchment method. It involves the BACI method of comparing side-by-side catchments to determine the impact of various disturbances. A variety of research organizations utilize the paired catchment approach because of the type of information they are interested in. While the landscape-level monitoring is important for discerning national water resources trends, most of what is known about the hydrological role of forests comes from paired catchment studies using the BACI method.

The hydrologic and ecological impacts of specific land management practices and the functioning of the hydrologic cycle in forest ecosystems have been developed from studies using the paired catchment approach over the past century. Hewlett [28] clearly pointed out that the long-term time-trend studies proposed as an alternative to paired catchment research were weaker because there are no climate controls (calibration period). These studies also lack a control catchment needed to separate vegetation cover effects from climate effects. Hewlett and his co-authors stated strongly that time-trend studies are circumstantial, and that paired catchment studies are strong evidence of forest vegetation effects on the water cycle [28]. Hence, they concluded that the paired catchment methodology was scientifically sound and had a secure future in hydrological science.

Both methods need to be maintained in the light of climate changes going on in the beginning of the 21st Century, but paired catchment studies are absolutely essential and are more likely to identify changes in hydrologic processes. Some of the water relationships determined by research in the 20th Century could be altered by different dynamics in the atmosphere with climate change. The legacy of 20th century paired catchment studies provides a solid and more accurate framework for evaluating and predicting 21st century changes.

Both approaches must be carried forward into the 21st Century. Landscape-level monitoring covers a greater extent of the USA and other nations as well as their forests. It would be cost-prohibitive for all the USGS sites to function as paired catchments (doubling or tripling the funding commitment). Paired catchments provide the venue for detailed research on a limited number of forest types and an attraction for national programs such as the USA Long Term Ecological Research network and the National Ecological Observatory Network [89]. There will need to be solid commitments from scientific organizations, government agencies, and private organizations and enterprises to achieve this goal.

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