

Research Paper

Locating provisioning ecosystem services in urban forests: Forageable woody species in New York City, USA

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ABSTRACT

Scholarship on the ecosystem services provided by urban forests has focused on regulating and supporting services, with a growing body of research examining provisioning and cultural ecosystem services from farms and gardens in metropolitan areas. Using the case of New York, New York, USA, we propose a method to assess the supply of potential provisioning ecosystem services from species and spaces other than those explicitly designated for food production. We analyze the abundance and spatial distribution of trees and shrubs with known uses for food, medicine, craft, and other purposes across urban greenspace types. To do so, we created a database of all woody species known to occur in New York City, joining a citywide assessment of trees and shrubs with additional data from a metropolitan flora and a guide to native plants in the city. A second database of useful, or forageable, species was created by compiling information from a New York City-focused online foraging application and ten field guides chosen for the likelihood that prospective foragers would find and consult them. The City's street tree inventory and associated GIS shapefile provided the basis for more detailed analyses of forageable woody species in this land use type. Our results show a substantial supply of potential provisioning ecosystem services from woody species in New York City. Coupled with growing literature on actual foraging in cities worldwide, these findings suggest implications for accountings of ecosystem services from urban forests as well as policy and management initiatives to enhance social-ecological resilience.

“Urban foraging maintains traditions and social ties while deepening connections with nature. Gathering offers positive physical and mental health benefits as well allowing those involved to be part of a larger set of processes related to food and health sovereignty and justice.” (Floberg et al., 2013:33)

1. Introduction

The City of Seattle's urban forest management handbook lists human foraging amongst the functions and benefits of healthy urban forests, alongside storm water reduction, pollution removal, and terrestrial and aquatic habitat (Floberg et al., 2013). With the statement excerpted above, Seattle is the first city we are aware of to acknowledge provisioning ecosystem services from species and spaces outside those explicitly designated for food production. This policy statement came on the heels of 2 years of dedicated research, which documented over 486 species (433 plants and 53 fungi) foraged there by diverse residents of the largest city in the U.S. State of Washington (Poe, McLain, Emery, & Hurley, 2013). Other studies have identified urban foraging in countries around the globe, including Germany

(Palliwoda, Kowarik, & von der Lippe, 2017), India (Unnikrishnan & Nagendra, 2015), New Zealand (Wehi & Wehi, 2010), and South Africa (Shackleton, Chinyimba, Hebinck, & Shackleton, 2015). While these studies probe urban foraging on several continents, to date none has assessed the supply of the plants and fungi on which it relies. Here, we report on results of research to address that gap within the context of ecosystem services from urban green infrastructure.

Over a decade of research documents ecosystem services provided by urban environments. Direct and indirect benefits include regulating services (e.g., amelioration of pollution) and supporting services (e.g., biodiversity; Elmqvist et al., 2013; Haase, Frantzeskaki, & Elmqvist, 2014). Recent scholarship examines ways urban ecosystems provide food and other materials to city residents (Haase et al., 2014; Barthel, Folke, & Colding, 2010; Barthel, Parker, & Ernstson, 2013; Shackleton et al., 2015), as well as social and cultural values (see e.g., Campbell, Svendsen, Sonti, Falxa, & Johnson, 2016; Cocks, Alexander, Mogano, & Vetter, 2016). In particular, studies highlight the potential for peri-urban agriculture to supply food to cities (Haase et al., 2014) and urban and community gardens as sites of self-provisioning and

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biocultural knowledge transfer (Barthel et al., 2010, 2013; Barthel, Parker, Folke, & Colding, 2014). A small but growing body of work demonstrates that urban vegetation outside spaces specifically designated for food production also is a source of provisioning services (Poe et al., 2013; Shackleton et al., 2015; Unnikrishnan & Nagendra 2015), with different greenspace elements providing a diversity of services to city residents (Konijnendijk, 2008; Haase et al., 2014).

Trees are recognized as key to the delivery of many ecosystem services in cities (Nowak, Hoehn, Crane, Stevens, & Walton, 2007; Chen, Adimo, & Bao, 2009; Shackleton et al., 2015). However, woody species (defined here as all publicly and privately owned trees and shrubs in an urban area) as sources of provisioning ecosystem services remains understudied (Shackleton et al., 2015). Recent studies have sought to illustrate the ways urban forest species composition may meet food needs (Larondelle & Strohbach 2016) or assess approaches that can enhance the ability of urban forests to address food security (Clark & Nicholas 2013). Together with emerging research on urban foraging, these studies demonstrate that the actual and potential ecosystem services provided by urban green infrastructure may be greater than is generally recognized.

Research on foraging in cities throughout the world shows that city residents seek out plant materials and fungi for food, medicine, and utilitarian purposes (Hurley, Emery, McLain, Poe, Grabbatin, & Goetcheus, 2015; McLain, Hurley, Emery, & Poe, 2014; Poe et al., 2013; Poe, LeCompte-Mastenbrook, McLain, & Hurley, 2014; Shackleton, Shackleton, & Shanley, 2011; Kaoma & Shackleton, 2014; Shackleton et al., 2015; Unnikrishnan & Nagendra 2015). Urban residents forage plant materials and fungi from urban greenspaces that contribute to self-provisioning and support cultural practices. Plants foraged in urban environments are diverse and include intentionally and spontaneously occurring individuals, as well as native and non-native, invasive and non-invasive species. Foraged greenspaces likewise are diverse and include (but are not limited to) cemeteries, institutional campuses, parks, public rights of way, residential yards, and street trees.

To date, however, our understanding of urban foraging derives from a relatively small number of case studies conducted with primarily qualitative methods. While essential to revealing the existence of previously overlooked provisioning ecosystem services from urban forests, this literature is unable to address a number of questions important to considering the ecological implications of urban foraging and its significance for social resilience and human wellbeing. Noteworthy among these is the supply of forageable species.

Using the example of New York City, here we propose a method to assess the inventory of woody species in a city with uses for food, medicine, and utilitarian purposes. In the absence of quantitative data on current foraging practices in the city, we use field guides and a digital database as proxies to identify forageable species. In addition to abundance, our analyses show the spatial distribution of woody species with potential to provide provisioning ecosystem services to the residents of New York City.

In the remainder of this paper, we provide context for the research by briefly summarizing the literature on cities as multi-functional landscapes and emerging scholarship on urban foraging. Following discussion of the study site and methods, we present results of our analyses. These begin with abundance and uses of forageable woody species in all green spaces city wide and in the street tree inventory. We then present findings on the spatial distribution of forageable street trees. Next, we briefly discuss considerations of species desirability for foraging in relation to species abundance citywide and in relation to street trees. We conclude by examining implications for conceptualizing and accounting for provisioning ecosystem services from urban greenspaces.

1.1. Cities as multifunctional landscapes that provide ecosystem services

Cities feature multifunctional ecosystems, which provide ecosystem

services to urban residents (Konijnendijk, 2008; Haase et al., 2014; McLain et al., 2014; Shackleton et al., 2015). These benefits include flood attenuation (*regulating services*); pollination (*supporting services*); food, medicine, and materials (*provisioning services*); and places important for aesthetics and spirituality (i.e. *cultural services*; Haase et al., 2014). Urban forests and the woody species in them have key functions in delivering these services (Chen et al., 2009; Chen and Jim, 2008; Chiusura, 2004; Seth, 2003; Tyrväinen, Pauleit, Seeland, & De Vries, 2005). However, to date urban ecosystem services research has focused primarily on regulating and supporting services provided by them. Given that today more than half the global population resides in cities (Grimm et al., 2008), a more complete understanding of how urban ecosystems, particularly urban forests, enhance human well-being will be critical to addressing urban sustainability challenges (Haase et al., 2014; Hurley et al., 2015). Moreover, cities are sites where research and social-ecological experimentation can address questions about the sustainability of human interactions with urban ecosystem services (Haase et al., 2014). Focusing on the full range of greenspaces, their uses, and functions, is key to better understanding the relationship between the urban forest and the suite of ecosystem services it provides for diverse city residents.

There is growing interest in better understanding provisioning ecosystem services from urban ecosystems (Konijnendijk, 2008; Kaoma & Shackleton 2014), particularly within the context of a city's green infrastructure. For our purposes, green infrastructure refers to “an interconnected network of green space that conserves natural ecosystem values and functions, and that provides associated benefits to human populations” (Benedict and McMahon, 2012:12). Research on provisioning ecosystem services from urban green infrastructure has focused largely on the capacity of peri-urban agriculture to provide food to cities through conventional supply chains or on urban gardens and self-provisioning by gardeners (Haase et al., 2014). In addition to material benefits, some of these studies also have considered nonmaterial contributions to human well-being (Haase et al., 2014), such as reproduction of culture and knowledge in urban gardens (Barthel et al., 2013, 2014). This work emphasizes agricultural cultivars and human interactions with spaces explicitly set aside for food production, highlighting their contributions to biocultural diversity in cities. Beyond sites designated for agricultural use, diverse urban greenspaces have been shown to provide recreational opportunities and contribute to reduced stress (Konijnendijk, Annerstedt, Nielsen, & Maruthaveeran, 2013; Maas, Verheij, Groenewegen, de Vries, & Spreeuwenberg, 2006). These latter studies suggest the ways in which material uses of plants may blur boundaries between ecosystem service categories, with a single practice generating both provisioning and cultural benefits (Reyes-García et al., 2015).

Trees are recognized as providing multiple ecosystem services in cities (Nowak et al., 2007; Chen et al., 2009; Shackleton et al., 2015), in ways that suggest it would be productive to expand studies of provisioning ecosystem service beyond gardens and agricultural cultivars (Barthel et al., 2013, 2014). An emerging body of work has begun to do so, focusing particularly on domesticated fruit trees. Studies conducted in Berlin have identified a historical legacy in the spatial distribution of fruit trees in eastern and western portions of the city (Larondelle and Strohbach, 2016), and demonstrated that consumption of urban-grown fruit poses little risk of exposure to key heavy metals (i.e., lead and cadmium) when handled properly (von Hoffen and Säumel, 2014). Other researchers have identified urban food forestry projects in Canada, the United Kingdom, and United States, while estimating the potential for publically owned greenspaces to contribute to food security if planted with apple trees (Clark and Nicholas, 2013). Questions remain, however, about the full suite of provisioning ecosystem services from urban forests, which of these services are important to which city residents, and how urban greenspaces provide resources to city residents' practices (Konijnendijk, 2008; Haase et al., 2014).

1.2. Foraging as a mechanism for better understanding the ecosystem services of urban forests

To address this gap in understanding provisioning ecosystem services from urban forests, we turn to insights from research on foraging in cities around the globe. Collectively, these studies provide new insights into the functions of urban forest in delivering material benefits. In New Zealand, some Maori elders forage culturally important medicines in urban environments to avoid harvesting in conservation areas (Wehi and Wehi, 2010). Research conducted in South Africa shows that wild tree fruits and herbaceous species in *peri*-urban township areas support “history, culture, and heritage” and provide tangible goods including “food, medicines, fodder and fuel wood” (Shackleton et al., 2015:83). Similarly, foraging for plant materials in rapidly urbanizing Bangalore, India provides food and sustains cultural practices for marginalized peoples (D’Souza & Nagendra, 2011; Unnikrishnan & Nagendra, 2015).

In the United States, foragers harvest items such as nuts, wild berries, and perennial grasses from diverse urban ecosystems, including wooded areas. Foragers interviewed for research conducted in Charleston, New York City, Philadelphia, and Seattle use a wide variety of materials harvested from trees and shrubs for food, medicine, the creation of crafts, and other utilitarian purposes (McLain, Poe, Hurley, Lecompte-Mastenbrook, & Emery, 2012; Poe et al., 2013, 2014; Hurley et al., 2015). Examples include leaves, blossoms, and sap used to make teas, tinctures, or other medicinal products, and needles, strips of bark, and cones incorporated into baskets. Many of the species from which these plant materials are foraged are wild; that is, they are not cultivars and were not intentionally planted. Others are domesticates, particularly ornamental plantings, for which foraging is an unanticipated and non-sanctioned use (Hurley, Grabbatin, Goetcheus, & Halfacre, 2012; Poe et al., 2013; Hurley et al., 2015).

The material benefits provided by foraged materials are not confined to self-provisioning. In some instances, they support household economies while contributing to maintenance of cultural identities and fostering ongoing connections with nature. For example, in rapidly (sub)urbanizing coastal South Carolina, USA, African American basket-makers harvest plant materials from four species to support a practice critical to their material and cultural survival, often using basket sales to supplement income from other sources (Hurley et al., 2012, 2015). Research in the United States also demonstrates that urban foraging transcends social identity categories of race, class, age, and gender, even while species and their uses may be culturally differentiated (Robbins, Emery, & Rice, 2008; McLain et al., 2014; Hurley et al., 2015). Demographic diversity characterizes individuals who have been documented harvesting more than 160 species of plants and four fungi from the urban forests of the Philadelphia Metropolitan area (McLain et al., 2014; Hurley et al., 2015).

These findings suggest provisioning ecosystem services from urban environments are not the exclusive domain of agricultural spaces at the metropolitan periphery or community gardens within the city. Further, the practices and benefits of foraging in urban environments are similar to those found in rural areas (Emery 1998). Ongoing empirical examinations continue to reveal the diversity of urban greenspaces and species that meet urban residents’ food, medicine, and raw materials needs (Grabbatin, Hurley, & Halfacre, 2011; Poe et al., 2013; Hurley et al., 2015), contribute to cultural identity reproduction (Grabbatin et al., 2011; McLain et al., 2014), and bring city residents into meaningful contact with nature (Poe et al., 2014; Hurley et al., 2015). Foraging may involve species in spaces where this practice is not sanctioned and might be deemed inappropriate by managers and landowners (Hurley et al., 2015). The extent and frequency with which specific species and materials are harvested from such spaces remains an open empirical question.

To date foraging research has had little to say about the supply of woody species, in general, and street trees, in particular, for generating provisioning ecosystem services. Greenspaces in which trees and shrubs

occur often are widely distributed across urban environments and may be particularly important sources of forageable materials. Thus, there is much to be gained from a focus on woody species and potential provisioning ecosystem services from them. As comparatively long-lived organisms, woody species are enduring elements of urban green infrastructure. The addition (and subtraction) of trees or shrubs to streetscapes and other greenspaces is the focus of municipal programs and budgets, including large tree planting initiatives (Campbell, 2014). They also are the subject of some of the most complete data about vegetation, making them an immediately fruitful arena in which to begin assessing the potential supply of provisioning ecosystem services from urban green infrastructure.

2. Study site and context

New York City is home to 19,746,227 people and covers an area of 122,100 square kilometers (U.S. Census Bureau, 2015). With an urban forest comprised of more than five million trees, 623,000 of which are street trees, New York City ranks second among U.S. cities in the number of trees and ninth in terms of percent of urban tree canopy (Nowak et al., 2007). Fifty-five percent of tree species in the city are native. Like many other cities in the United States and around the world, species diversity in New York is generally higher than in surrounding rural areas, reflecting natural or legacy forests, ruderal dynamics common to abandoned urban spaces, and greenspaces such as parks or institutional campuses and private yards, where ornamental species may dominate (Nowak et al., 2007; Del Tredici, 2010). The value of New York City’s trees for carbon sequestration and pollution removal has been estimated at \$41.20 per acre (Nowak et al., 2007), but their value for other human uses has not been closely examined. Street trees in New York City are part of the city’s extensive park system, with management—including species selection—the responsibility of the city’s Parks Department. Currently, harvest of items from the city’s parks and street trees is not permissible.

3. Methods

Our research considers the potential supply of provisioning ecosystem services from woody species in New York City’s urban forest. To do so, we created two databases, which allow us to examine the availability of trees and shrubs with edible, medicinal, and/or other uses: (1) all woody species and (2) forageable species. We then used these data to analyze the spatial distribution and abundance of species present citywide and in the street tree inventory and their uses for food, medicine, and other purposes. Our analysis reveals species that may be useful to residents and the potential benefits they offer. Moreover, our results suggest species that may be particularly abundant and relatively accessible and those that are not particularly abundant but still accessible.

To create the all woody species database, we joined the citywide list of trees and shrubs sampled by Nowak et al. (2007) in their assessment of the New York City urban forest with woody species listed in a guide to native plants in the city (Gargiullo, 2007). The database was further enhanced by adding tree or shrub species listed in the New York Metropolitan Flora Project as occurring in one or more of the city’s five boroughs (New York Metropolitan Flora Project, 2015), but not captured in the other sources. The City’s publicly available street tree inventory and geographic information system (GIS) shapefile provided a list of woody species over 15 feet in height in this land use category, as well as the base layer for city-wide spatial analyses across land uses and landownerships (New York City Open Data, 2015).

The database of forageable (woody) species in the city draws on an online application and ten field guides (Table 1). These information sources were chosen for the likelihood that prospective foragers would find and consult them based on two criteria: geographic extent that includes New York City and frequency of appearance in repeated

Table 1
Field Guides Sources for Useful Woody Species Database.

Field Guide Name and Author(s)	Brief Description of contents
<i>Field Guides focused on Edible Uses</i>	
<i>A Field Guide to Edible Wild Plants: Eastern and central North America</i> Peterson and Tory Peterson	Wild edible plant guide focusing on flowering plants and woody species according to occurrence in non-urban habitat types. Discussions principally about edible uses.
<i>Backyard Foraging: 65 Familiar Plants You Didn't Know You Could Eat</i> Zachos	Approaches foraging from perspective of someone seeking new interactions with species in backyard. Discusses native, naturalized, and other herbaceous and woody species.
<i>Edible Wild Plants: A North American Field Guide</i> Elias and Dykeman	Focuses on useful species found in North America in non-urban habitats.
<i>The Encyclopedia of Edible Plants: Nature's Green Feast</i> Duke	Volume on useful species found in North America. Includes Native American usages, with consideration of historical dimensions and ornamental and introduced species.
<i>Nature's Garden: A Guide to Identifying, Harvesting, and Preparing Edible Wild Plants</i> Thayer	Focuses on 41 widespread edible herbaceous and woody species found in United States.
<i>Northeast Foraging: 120 Wild and Flavorful Edibles from Beach Plums to Wineberries</i> Meredith	Focuses on 120 herbaceous and woody species complexes that contribute to a more diverse cuisine.
<i>Urban Foraging: Finding and Eating Wild Plants in the City</i> Craft	Not a true field guide, this book introduces foraging in the city. Presents species according to season and ease of identification.
<i>Wild Edibles: A Practical Guide to Foraging</i> Boutenko	Written by son of prominent raw food advocate. Volume focuses on over 60 specific edible plants.
<i>Field Guides focused on both Edible and Medicinal Uses</i>	
<i>Wild Edibles Forage App</i> Brill, Lerner, Nyerges, and WinterRoot	Smart phone application including more than 250 plants and their edible, medicinal, and other uses.
<i>Field Guides focused on Medicinal Uses</i>	
<i>Field Guide to Medicinal Plants and Herbs of Eastern and Central North America</i> Foster and Duke	Focuses on herbaceous and woody species with medicinal uses.
<i>Invasive Plant Medicine: The Ecological Benefits and Healing Abilities of Invasives</i> Scott	Unlike other guides, this volume focuses explicitly on invasive herbaceous and woody.

searches of a dominant digital bookseller (i.e., Amazon) on the key words “foraging”; “field guides”; and “New York”. Given our focus on assessing the extent to which the city’s urban forest has the potential to provide these services to residents; we use species as the unit of analysis. However; we recognize that different parts of a single species may have distinct uses. For example; mulberry fruits are enjoyed as fresh and prepared foods; while leaves are used to make a tea regarded as having health support benefits. Whether a particular plant material harvested; such as nuts; foliage; bark; or roots; has implications for sustainable supply and management.

Not all forageable species are equally desirable. Where available for woody species in New York City, we employ the quality ratings of the British charity, *Plants for a Future* (PFAF) as a measure of how appealing a forageable species may be. Plants in the PFAF digital database are chosen for their capacity to be cultivated in temperate climate permaculture settings, with emphasis on “those which have edible, medicinal or other uses” (*Plants for a Future*, 2015). This database features a five-point scale anchored at either end with a score of “1” designating a species with “very minor uses” and “5” a species of “great value” for edible, medicinal, and/or other uses. Although subjective in its assessment and based in the United Kingdom, this reference source offers an accessible source of information for researchers and foragers alike and has been used previously in studies of urban food forests to assess the relative merits of species for their potential contributions to food security (Clark and Nicholas, 2013). To assess distribution and abundance of desirable woody species in the city, we conduct spatial analyses combining inventory data and PFAF quality ratings, reporting counts and ratings by zip code.

4. Results

4.1. Forageable woody species, uses, and abundance

Analysis of the 304 woody species known to be present in New York

City shows 252 species with at least one documented edible, medicinal, and/or other use (83% of all trees and shrubs found in the city; Table 2). Individual species may have more than one use (that is, edible and medicinal and/or other), derived from one or more plant parts (for example, fruit and leaves and/or twigs). Thus, the numbers of distinct uses of woody species and plant materials used are greater than the total number of forageable species. Our analysis identifies 581 distinct uses (edible, medicinal, or other) with an equal or likely larger number of plant materials providing those functions (i.e. fruits, seeds, blossoms, or leaves, among others). Examining tree species only, 142 have at least one use (88.0% of all those found in the city), 90 species have all three uses, 33 species have two uses, and 19 have one use. Amongst the 110

Table 2
Woody Species Citywide and Street Tree Uses: Count and Percent Based on Known Presence in the City, Inventoried for Abundance, or Present as Street Tree.

	All Woody			Citywide	Street Trees
	Total	Trees	Shrubs		
<i>Total Species</i>	304	161	143	65	152
Forageable Species	251 (83%)	142 (88%)	109 (76%)	63 (93%)	136 (89%)
# Uses/# Species (Percent Forageable species)					
3 uses	123 (48%)	89 (63%)	34 (31%)	43 (68%)	79 (58%)
2 uses	81 (33%)	33 (23%)	48 (44%)	13 (21%)	34 (25%)
1 use	47 (19%)	20 (14%)	27 (25%)	7 (11%)	23 (17%)
<i>Total # Uses</i>	577	353	224	162	331
Use Type (Percent Total Uses)					
Edible	201 (35%)	117 (33%)	84 (37%)	62 (38%)	119 (36%)
Medicinal	214 (37%)	128 (36%)	86 (38%)	50 (31%)	114 (34%)
Other	162 (28%)	108 (31%)	54 (25%)	50 (31%)	99 (30%)

shrub species present, 33 have all three uses, 47 have two uses, and 30 have one use.

Medicinal functions make up the largest percentage of all woody species uses (37%), while edible functions are a close second at 35 percent, and other functions the smallest percentage (28%). Considering trees and shrubs separately, trees with at least one medicinal use make up the largest number of total uses (128, or 36%). Trees with at least one edible use comprise the second largest number of total uses (117, or 33%). Trees with a utilitarian use make up the third largest portion of total uses, with 108 species (31%) having at least one utilitarian use. Meanwhile, 86 species (38%) of shrubs have at least one documented medicinal use, 84 (37%) at least one medicinal use, and only 54 species (25%) another use.

Using just Nowak et al.'s (2007) inventory of the New York City urban forest to assess species presence and abundance of forageable tree species citywide, we find that nearly 93% of the species identified were one of 63 forageable species (Table 2); London plane and *Euonymus* trees are the only non-forageable species present. The majority of species (68%), at more than a three-to-one ratio, have three functional uses, while 21 percent have two uses and just 11 percent have one use. Of the forageable species present, edible functions predominate, with 62 species (38%) featuring edible functions, 50 (31%) featuring medicinal functions, and 50 (31%) feature other utilitarian uses. When abundance measures are considered, of the estimated 553, 340 trees Nowak et al. (2007) located throughout the city, nearly 94% of the trees feature some type of use. Delving further into these data, nine of the ten most abundant tree species have edible, medicinal, and/or other uses (Table 3). These include native and nonnative species as well as two species of trees considered invasive (New York Flora Association, 2017). Of the ten most abundant tree species, London plane tree—the only non-forageable species—is present and the most abundant species in the city.

Our analysis of New York City's more than 623,000 street trees ; New York City Open Data (2015) shows similar patterns of potential provisioning ecosystem services in this important component of the public right of way. Some 446,696 street trees (72%) are forageable. This total includes 136 species. Among these species, 79 species have all three uses, 34 species have two uses, and 23 have one use. In terms of overall abundance, 31% have three uses, 30% two uses, and 11% one use. When individual species abundance is further considered, again nine of the ten most abundant species have edible, medicinal, and other uses (comprising 53% of all street trees in the city; Table 4). London planetree, the most abundant street tree in the city, once again does not have any foraging uses in our database. As with trees citywide, both native species and nonnative species with edible, medicinal, and other uses are abundant as street trees. Unlike woody species citywide, there are no invasive species found among street tree plantings.

4.2. Distribution of forageable street trees

Mapping street trees according to the number of functional uses

Table 3

10 Most Abundant Woody Species City Wide in New York City and their Uses (Source: Nowak et al., 2007, See Analysis). Ratings drawn from Plants For a Future (2015), where a score of "1" designates a species with "very minor uses" and "5" a species of "great value". E = Edible, M = Medicinal, NA = Not Applicable; * = Non-native species, † = Species considered as invasive. Note: all species also have other uses. See Plants For a Future (2015) for information about details of uses.

Common name	Latin name	% woody species	Uses (Rating)	Examples of Specific Products
Tree of Heaven [†]	<i>Ailanthus altissima</i>	9.0	E (1), M (3)	Leaves as famine food, Bark in Traditional Chinese Medicine, Leaves for dye
Black Cherry	<i>Prunus serotina</i>	8.1	E (4), M (2)	Fruits as pies; Bark extract as syrup
Sweetgum	<i>Liquidambar styraciflua</i>	7.9	E (2), M (3)	Resin for chewing gum, antiseptic, soap
Northern red oak	<i>Quercus rubra</i>	7.7	E (3), M (2)	Acorn as coffee, bark as antiseptic, bark for dye
Norway maple [*]	<i>Acer platanoides</i>	6.0	E (2)	Sap as sweetener, bark as dye
White mulberry [*]	<i>Morus alba</i>	5.7	E (4), M (3)	Fruit, dried raisin substitute, Leaves famine food, Multiple parts in Traditional Chinese Medicine
Sassafras	<i>Sassafras albidum</i>	4.8	E (5), M (3)	Raw leaves for salad, cooked leaves for soups; Root bark as antiseptic
Black locust [†]	<i>Robinia pseudoacacia</i>	4.7	E (3), M (2)	Seed cooked; Flowers cooked for jams; Bark for dye; Flowers for essential oil
London planetree	<i>Platanus x. acerifolia</i>	3.6	NA	None
Red maple	<i>Acer rubrum</i>	3.6	E (3), M (1)	Sap as syrup, Inner bark for dye

associated with each tree reveals a rather dramatic picture of the functional utility found within this urban greenspace type (Fig. 1). Species with three or two uses feature prominently throughout the map. Moreover, even in Manhattan, the most densely built portions of the city, the presence of extensive streets with multiple corresponding functional values are visible (upper left). By contrast, the portions of Brooklyn on the lower left illustrate lower densities of trees and fewer individual trees with multiple functional values. Rankwise, the Bronx has the highest average number of uses for its population of trees (1.97 uses), Manhattan is second (1.97), Queens is third (1.95), Staten Island is fourth (1.76), and Brooklyn is last (1.62). Comparison of the percentage of useful street trees present in each borough suggests relatively similar numbers of species, with the Bronx, Manhattan, and Queens each featuring 91 percent of their tree species as useful, while Staten Island and Brooklyn come in with 90 percent and 89 percent of their trees as useful, respectively.

Yet abundances of useful street trees point to differences, with Staten Island and Manhattan having the highest percentage of their trees harboring potential uses (80%), while just 61 percent of Brooklyn's trees have potential uses. Closer examination of within variation of useful species suggests rather dramatic differences in the relative abundance of particular species within the city (Table 5). For example, while littleleaf linden and pin oak are the two most abundant street tree species in the entire city, total numbers within boroughs vary dramatically. Queens has nearly four times as many linden trees as Manhattan and more than eight times as many pin oak trees. The difference for red maple is nearly 45 times and silver maple more than 100 times as many trees. Given that the latter species might be harvested for their sap, these differences present potentially key barriers to their usage, other questions of practicality and legality notwithstanding.

4.3. Forageable species desirability, abundance, and distribution

Analysis of tree species abundance and Plants For a Future's edible and medicinal desirability ratings (2015) reveals additional patterns in abundance and distribution of forageable woody species (Table 4; Fig. 2). In the aggregate, nearly 52 percent of trees city wide have edibility ratings greater than or equal to three (the median possible score). Just over 30 percent of trees have medicinal ratings of at least three. Edible and medicinal ratings are generally less for street trees only (Table 6). Street trees in most zip code areas of the city have combined average ratings for edibles and medicinals of just under 3.0, with those in most of Staten Island much lower for both categories. This pattern is most pronounced for medicinal ratings (Fig. 3). Only a few zip codes, most of them smaller spatial areas located in Manhattan, have combined average ratings of 3.07 or higher (12 of 13 areas, or 92%) for edible species and 2.5 or higher (four of five areas, 80%) for medicinal species.

When individual species with higher desirability ratings (> 3.00) are taken into account, no city-wide or street species appears

Table 4
10 Most Abundant Functional Street Tree Species in New York City and their Uses (Source: [New York City Open Data 2015](#)). Ratings drawn from [Plants For a Future \(2015\)](#), where a score of “1” designates a species with “very minor uses” and “5” a species of “great value”. E = Edible, M = Medicinal, NA = Not applicable; * = Non-native species, ¹ = Species considered as invasive. Note: all species also have other uses. See [Plants For a Future \(2015\)](#) for information about details of uses.

Common name	Latin name	% street tree species	Uses (Rating)	Examples of Specific Products
Lond	<i>Platanus x. acerifolia</i>	12.0	NA	None
Norway maple*	<i>Acer platanoides</i>	12.0	E (2)	Sap as sweetener, bark as dye
Callery pear*	<i>Pyrus calleryana</i>	10.2	E (2)	Fruit raw or cooked for jams
Honey locust	<i>Gleditsia triacanthos</i>	8.4	E (3), M (2)	Seed as coffee, seedpod as sweetener
Pin oak	<i>Quercus palustris</i>	7.0	E (3), M (2)	Acorn as thickener, leaves for insect repellent
Littleleaf linden	<i>Tilia cordata</i>	4.4	E (5), M (3)	Leaves as greens, flowers for tea, inner bark for fiber
Green ash	<i>Fraxinus pennsylvanica</i>	3.3	E (1), M (1)	Leaves as bitter tonic, bark for dye and basketry
Red maple	<i>Acer rubrum</i>	3.3	E (3), M (1)	Sap as syrup, Inner bark for dye
Silver maple	<i>Acer saccharinus</i>	3.0	E (3), M (1)	Sap for sweetener, seed cooked, stems for baskets, twigs for dye
Ginkgo	<i>Ginkgo biloba</i>	2.6	E (5), M (5)	Seed eaten raw or cooked, Fruit, seed, and leaves in Traditional Chinese Medicine
Northern red oak	<i>Quercus rubra</i>	1.8	E (3), M (2)	Acorn as coffee, bark as antiseptic, bark for dye

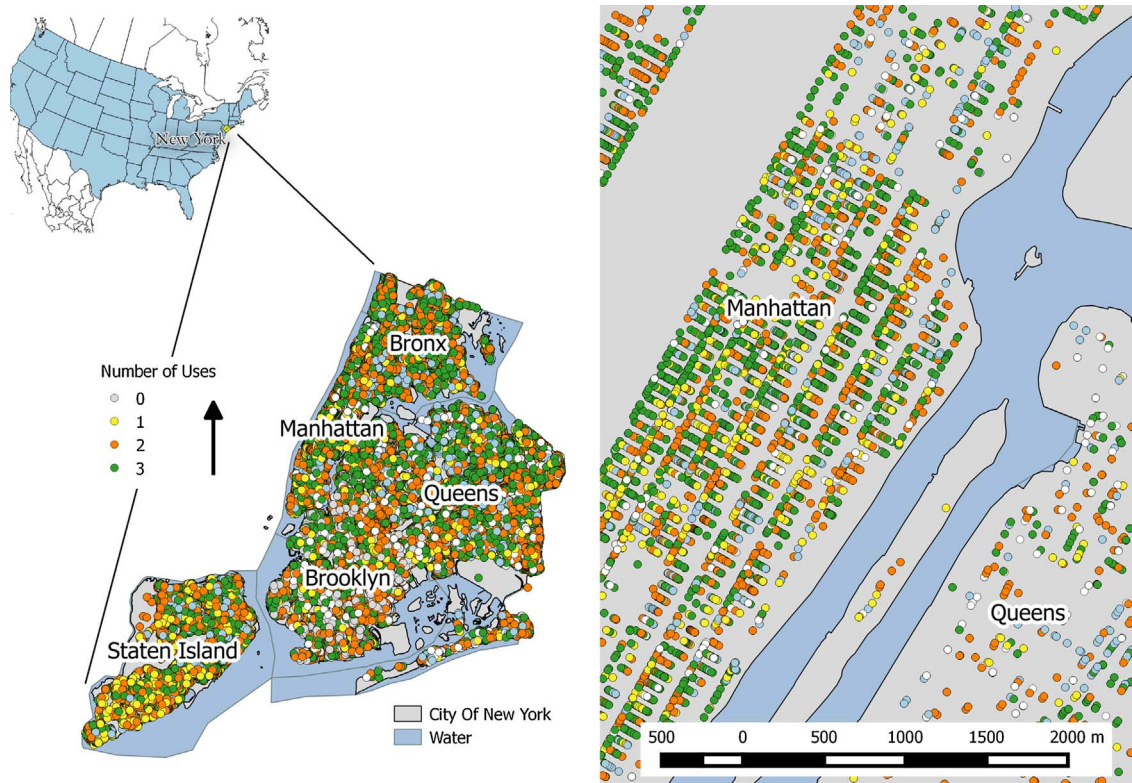


Fig. 1. New York City Street trees according to Number of Uses for that Species.

particularly abundant (Table 6). Among species with higher edibility ratings, only sassafras, littleleaf linden, white mulberry, and ginkgo trees constitute more than two percent of woody species in New York City as a whole. Of these, sassafras is the most abundant city wide and littleleaf linden the most abundant among street trees. Black cherry and white mulberry also are notable for their abundance in the citywide inventory, but have relatively low abundance as street trees. In contrast, ginkgo is abundant as a street tree but occurs infrequently elsewhere in the city. However, this count may overestimate the supply of forageable ginkgo, as the part generally used is the fruit from female trees, which the city endeavors to avoid. The most abundant medicinal species found city wide with desirability ratings of three or more are tree-of-heaven, sweetgum, white mulberry, and sassafras. Littleleaf linden is similarly common among street trees. Many other medicinal species, such as red elm and balsam fir are less than 0.001% of total street trees and do not rate high in abundance elsewhere in the city.

5. Discussion

Results from our analyses demonstrate that New York City’s urban forest contains a sizable supply of potential provisioning ecosystem services. The intersection of urban forest inventories, foraging field guides and the Plants For a Future database shows a substantial stock of street trees and woody species citywide with edible, medicinal, and other uses. This includes a majority of woody species in the city’s urban forest that score 3.00 or higher for edibility, with just over 30 percent having similar medicinal ratings. Spatial distributions of these species suggest that some parts of the city may contain higher concentrations of desirable species than others. However, many of the most desirable species are not abundant in the city and may be particular scarce in some boroughs. Here, differences in urban greenspace types may make a difference in distribution and abundance of species, as suggested by the cases of mulberry (citywide) and ginkgo (as a street tree).

Our analyses are a snapshot of the supply of provisioning ecosystem services from woody species in New York City at a particular moment in

Table 5
Most Abundant Street Trees, their Uses and Counts by Borough.

Number of Uses/Use/Borough		Food	Medicine	Other	Entire City	Bronx	Brook-lyn	Man-hattan	Queens	Staten Island
3	Pin oak (<i>Quercus palustris</i>)	X	X	X	43,942	5124	9813	2670	19,491	6844
	Littleleaf linden (<i>Tilia cordata</i>)	X	X	X	27,687	3169	8097	3094	11,628	1699
	Green ash (<i>Fraxinus pennsylvanica</i>)	X	X	X	20,643	2102	4556	912	9431	3642
	Red maple (<i>Acer rubrum</i>)	X	X	X	20,282	1857	2328	211	7122	8764
	Silver maple (<i>Acer saccharinum</i>)	X	X	X	18,699	923	1978	85	10,200	5513
	Ginkgo (<i>Ginkgo biloba</i>)	X	X	X	16,269	1972	3863	4893	4957	584
	Northern red oak (<i>Q. rubra</i>)	X	X	X	11,086	1586	2102	1149	5192	1057
	Japanese pagoda tree (<i>Sophora japonicum</i>)	X	X	X	7071	881	2229	1643	2043	275
	Silver linden (<i>T. tomentosa</i>)	X	X	X	6017	525	1851	488	2910	243
	American elm (<i>Ulmus americana</i>)	X	X	X	5468	675	1733	1304	1450	306
	Purpleleaf plum (<i>Prunus cerasifera</i>)	X	X	X	4796	437	798	160	2331	1070
	Norway maple (<i>Acer platanoides</i>)	X	X		74,856	7296	15,672	556	43,865	7467
2	Honey locust (<i>Gleditsia triacanthos</i>)	X	X		52,234	7579	12,484	11,529	17,154	3488
	Sweetgum (<i>Liquidambar styraciflua</i>)	X	X		8390	507	1059	126	1803	4895
	Crimson King Norway maple (<i>A. platanoides CR</i>)	X	X		8146	374	1467	10	3014	3281
	American linden (<i>Tilia americana</i>)	X	X		7237	1023	2023	708	3067	416
	Japanese maple (<i>Acer palmatum</i>)	X		X	2842	198	561	19	1416	648
	Chinese elm (<i>Ulmus parviflora</i>)	X	X		1988	413	389	285	594	307
	Crabapple (<i>Malus spp.</i>)	X	X		1958	141	359	387	802	269
	White oak (<i>Q. alba</i>)	X	X		1667	258	335	123	647	304
	Callery pear (<i>Pyrus calleryana</i>)	X			63,665	4472	9488	7751	17,447	24,507
	Amur maple (<i>Acer ginnala</i>)	X			1568	340	186	26	652	364
	Colorado spruce (<i>Picea pungens</i>)	X			391	11	106	2	206	66
	Common apple (<i>Malus pumila</i>)	X			114	8	21	31	33	21
1	Kousa dogwood (<i>Cornus kousa</i>)	X			85	1	20	8	45	11
	American hornbeam (<i>Carpinus carolinia</i>)		X		63	1	25	1	25	11
	Scarlet oak (<i>Q. coccinea</i>)			X	56	17	12	2	20	5
	Amur Maackia (<i>Maackia amurensis</i>)	X			49	3	5	0	28	13
	Royal paulownia (<i>Paulownia tomentosa</i>)		X		43	3	8	0	20	12
	Atlantic white cedar (<i>Chamaecyparis thyoides</i>)			X	38	0	0	0	36	2

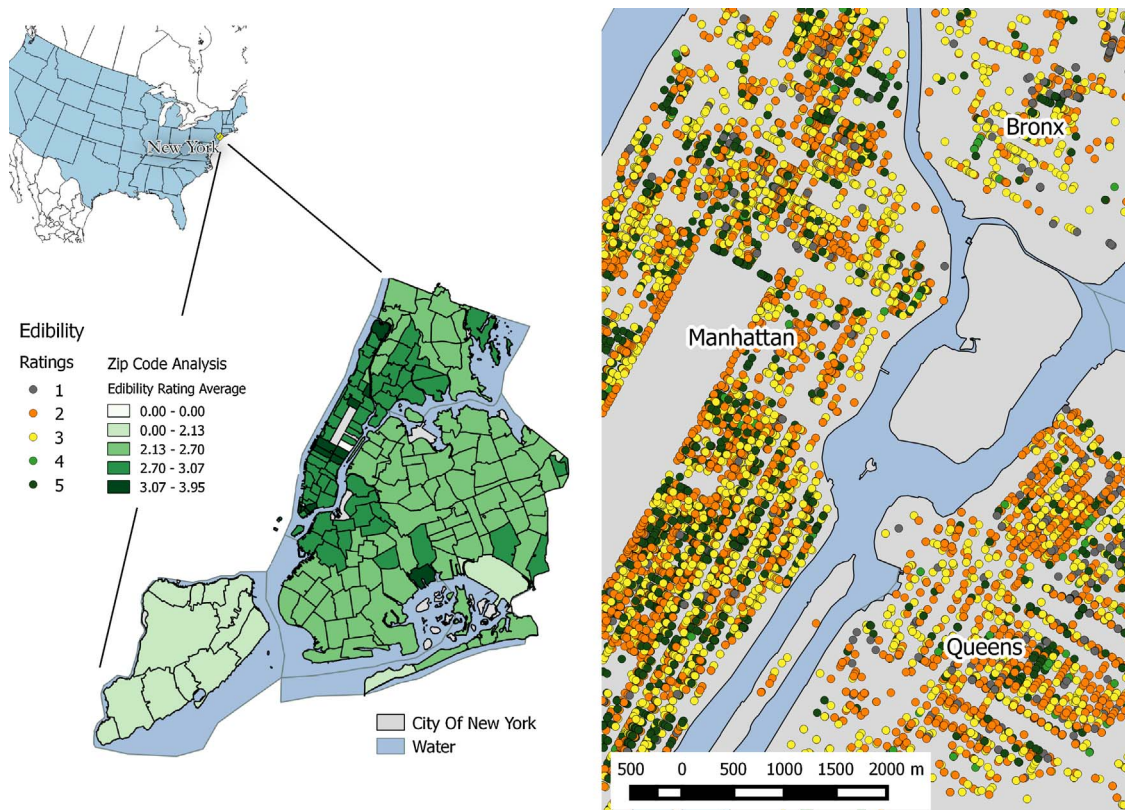


Fig. 2. Map of Selected Street Trees according to their Edibility Ratings and Average Edibility Rating by Zip Code (PFAF, 2015).

Table 6

Quality Ratings of Selected Species and their Percentage of Citywide Woody Species and Street Tree Inventory. Species in bold indicate species that appear in both inventories and which may have different edible or medicinal ratings. Ratings drawn from [Plants For a Future \(2015\)](#), where a score of “1” designates a species with “very minor uses” and “5” a species of “great value”.

Rating	Species	Citywide (percent)	Street Tree (percent)	Food	Medicine
5	● <i>Sassafras</i> (<i>Sassafras albidum</i>)	4.8%		Yes	
	● Littleleaf Linden (<i>Tilia cordata</i>)		4.4%	Yes	
	● Ginkgo (<i>Ginkgo biloba</i>)	NA	2.6%	Yes	Yes
	● Littleleaf linden	0.3%		Yes	
	● Nectarine (<i>Prunus persica</i>)	0.2%		Yes	
4	● Red elm (<i>Ulmus rubra</i>)		95 trees		Yes
	● Witch hazel (<i>Hamamelis virginiana</i>)		6 trees		Yes
	● Balsam fir (<i>Abies balsamea</i>)		5 trees		Yes
	● Black cherry (<i>P. serotina</i>)	8.1%		Yes	
	● White mulberry (<i>Morus alba</i>)	5.7%		Yes	
	● Purpleleaf plum (<i>P. cersifera</i>)		0.8%	Yes	
	● Sugar maple (<i>Acer rubrum</i>)	0.3%	0.7%	Yes	
	● Rose-of-Sharon (<i>Hibiscus syriacus</i>)	0.2%		Yes	
	● Cherry plum (<i>P. cersifera</i>)	0.2%		Yes	
	● Horse chestnut (<i>Aesculus hippocastanum</i>)		0.2%		Yes
	● European beech (<i>Fagus sylvatica</i>)	0.1%		Yes	
	● Swamp white oak (<i>Q. bicolor</i>)	0.1%	0.1%	Yes	
	● Black cherry (<i>P. serotina</i>)		188 trees	Yes	
	● Tree of heaven (<i>Ailanthus altissima</i>)	9.0%			Yes
	● Sweetgum (<i>Liquidambar styraciflua</i>)	7.9%			Yes
3	● White mulberry	5.7%			Yes
	● <i>Sassafras</i>	4.8%			Yes
	● Littleleaf linden		4.4%		Yes
	● Sweetgum		1.3%		Yes
	● American linden		1.2%		Yes
	● Japanese pagoda tree (<i>Styphnolobium japonicum</i>)		1.1%		Yes
	● Black oak (<i>Q. velutina</i>)	0.7%			Yes
	● Eastern hemlock (<i>Tsuga canadensis</i>)	0.5%			Yes
	● Eastern white pine (<i>Pinus strobus</i>)	0.3%			Yes
	● Balsam poplar (<i>Populus balsamifera</i>)	0.3%			Yes
	● Tree of heaven		0.2%		Yes
	● American linden	0.2%			Yes

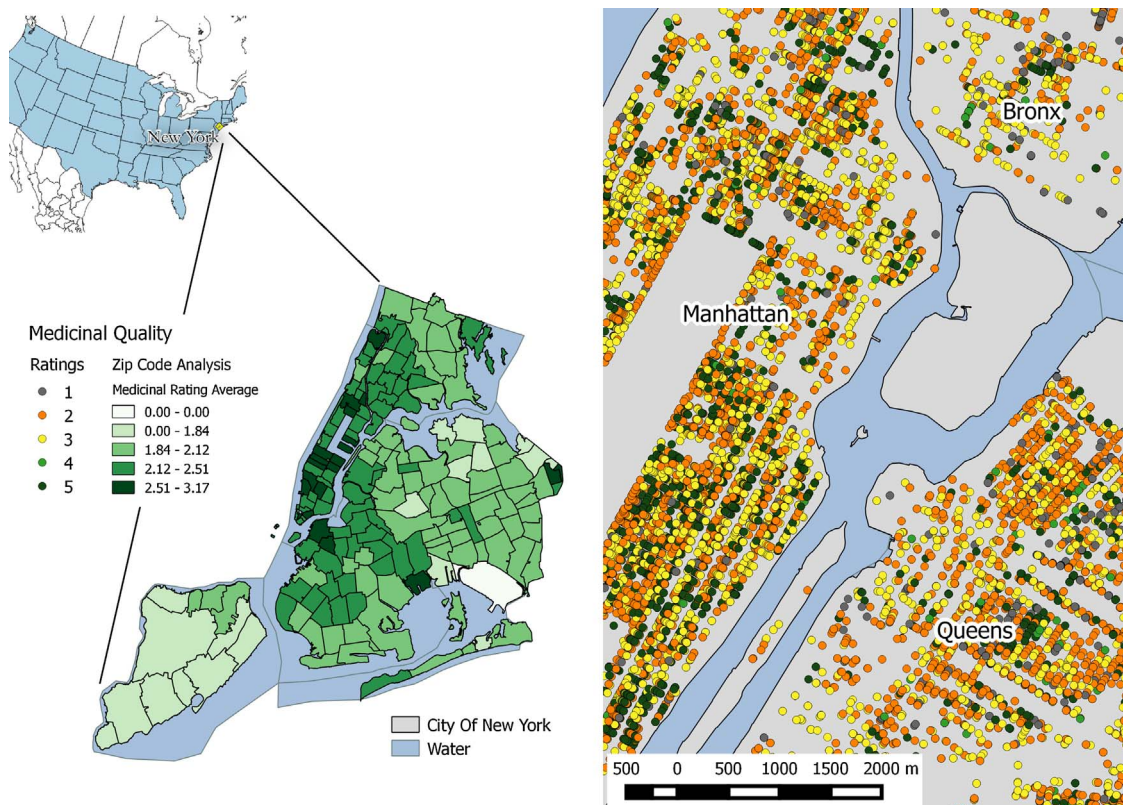


Fig. 3. Map of Selected Street Trees according to their Medicinal Ratings and Average Medicinal Rating by Zip Code (PFAF, 2015).

time and are subject to limitations in the data we employ. Since these data were collected, the composition of the city's forest has been influenced by major weather events, among them an ice storm in 2008 and hurricane in 2014, as well as a large tree planting campaign that expanded the species palette. Our results almost certainly under-represent the supply of forageable species present in New York City greenspaces at the time represented by the data, due to its sole focus on woody species. Studies conducted in several U.S. cities point to the range of non-woody plants and fungi foraged by urban residents (Poe et al., 2013), species which are entirely missing from our analysis. Lack of data on several highly desirable woody species, such as berries in the genus *Rubus*, is a source of under-counting in the class of plants that are the primary focus of this study. Documentation of numbers of foragers and foraged volumes will be needed to estimate the provisioning ecosystem services actually provided by urban green infrastructure. Until such time as these data are available, surrogates such as the PFAF desirability ratings provide a basis for identifying likely foraged species.

Our approach offers a method for analyzing understudied provisioning ecosystem services from urban greenspaces. Future research on the supply and distribution of forageable species in urban greenspaces would benefit from updated inventories, inclusion of understory shrubs and non-woody plants, and data on the full range of vegetated land uses including interstitial spaces (Galt, Grey, & Hurley, 2014). While we have confined our spatial analyses here to woody species city wide and the subset of those in the street tree inventory, more detailed analysis of vegetation by land-use categories would yield further understandings of the relationship between greenspace elements and the supply of forageable material in a city's urban green infrastructure, as well as how this may change through time in response to policy and management actions such as expansion of street tree planting palettes.

Harkening back to the Seattle urban forest management handbook (Floberg et al., 2013), we note that the provisioning ecosystem services provided by urban green infrastructure through foraging are intertwined with cultural ecosystem services. The relationship between provisioning and cultural ecosystem services from urban foraging is further confirmed by research conducted in Spain (Reyes-García et al., 2015) and South Africa (Cocks et al., 2016). As a consequence, future research on urban foraging also will broaden understanding of the cultural ecosystem services provided by diverse urban greenspace elements. Here, we note that spatial analyses of intersections (or lack thereof) in supply of culturally significant foraged foods, medicines, and other materials with human demographics and transportation networks will be necessary to understand accessibility of culturally salient forageable species. Doing so also will provide insights into frequency of harvest and specific material benefits resulting from foraging practices.

In the United States, most municipalities prohibit foraging on public lands. Our research suggests public health and sustainability concerns underlie these prohibitions (unpublished data). Until such time as sufficient toxicology research is available to determine the effects of urban legacies on the safety of urban foraged foods (see von Hoffen & Säumel, 2014), the growing body of such research for urban farms and gardens offers some guidelines (see, for example, Kim et al., 2014).

Determining the supply for forageable species is necessary but insufficient to assess the sustainability of urban foraging and the provisioning ecosystem services it provides. Foraging sustainability is a function of interacting social and ecological factors that may change through time (Emery, 1998; Hurley et al., 2012). Among these factors are demand, species ecology, foraging strategies, and habitat sensitivity. For example, foods considered undesirable by one culture may be central to the cuisine of another. The impact of bark harvesting from branches pruned in the course of urban forest management is different from that of removing bark from the boles of standing, live trees. Further research would be needed to understand these dynamics of urban foraging and forms of governance that could support it as a source of provisioning ecosystem services over the long-term. Given the dozens to

hundreds of species likely foraged in most cities, developing governance strategies may be facilitated by tailoring rules to three categories of species: (a) those needing active management and protection, (b) those not requiring direct management or protection to sustain populations, and (c) those meriting further research and monitoring to determine appropriate policy and management approaches (Emery and Ginger, 2014).

6. Conclusions

Our results show that species and spaces outside those explicitly designated for food production are potential sources of provisioning ecosystem services. Coupled with the growing literature on foraging in cities around the world, they suggest an as yet unquantified volume of provisioning ecosystem services actually are derived from diverse urban greenspace elements. These findings have implications for accountings of ecosystem services from urban green infrastructure, as well as policy and management initiatives to enhance social-ecological resilience.

Some quantitative and qualitative accountings of urban ecosystem services have expanded beyond regulating and supporting services to include cultural and provisioning services. This study suggests the opportunity to further enlarge the scope of provisioning ecosystem services calculations and offers one method for doing so. Since food and medicine often have strong cultural valences, such accountings also would contribute to understanding a broader range of cultural ecosystem services from urban greenspaces.

Cities increasingly look to urban green infrastructure to provide multi-functional benefits, from stormwater management to improved public health. Policy and management considerations of urban foraging as one of those ecosystem services will benefit from additional research on the social-ecological dynamics of this practice. Studies of the ecological dynamics of urban foraging would include factors including habitat sensitivity, harvest timing, species ecology, and response to specific harvest techniques. Among the social dynamics needing further investigation are distributional justice of forageable species, opportunities to engage foragers as allies in urban greenspace stewardship, and human health benefits and potential risks from foraging and consuming urban plant materials and fungi. There also may be prospects for incorporating provisioning from foraging into strategies for enhancing other greenspace ecosystem services, such as including forageable species in urban riparian management plantings.

In recognizing urban foraging as a component of its efforts to enhance food and health sovereignty and justice, the City of Seattle eloquently makes the case that this practice can contribute to social-ecological resilience. Further, the Seattle urban forest management handbook notes that "Gathering offers positive physical and mental health benefits" (Floberg et al., 2013:33). As other cities determine whether and how they may wish to embrace foraging and its benefits for human wellbeing, additional research will be needed. The study reported on here, together with those summarized above, are an initial step in that direction.

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